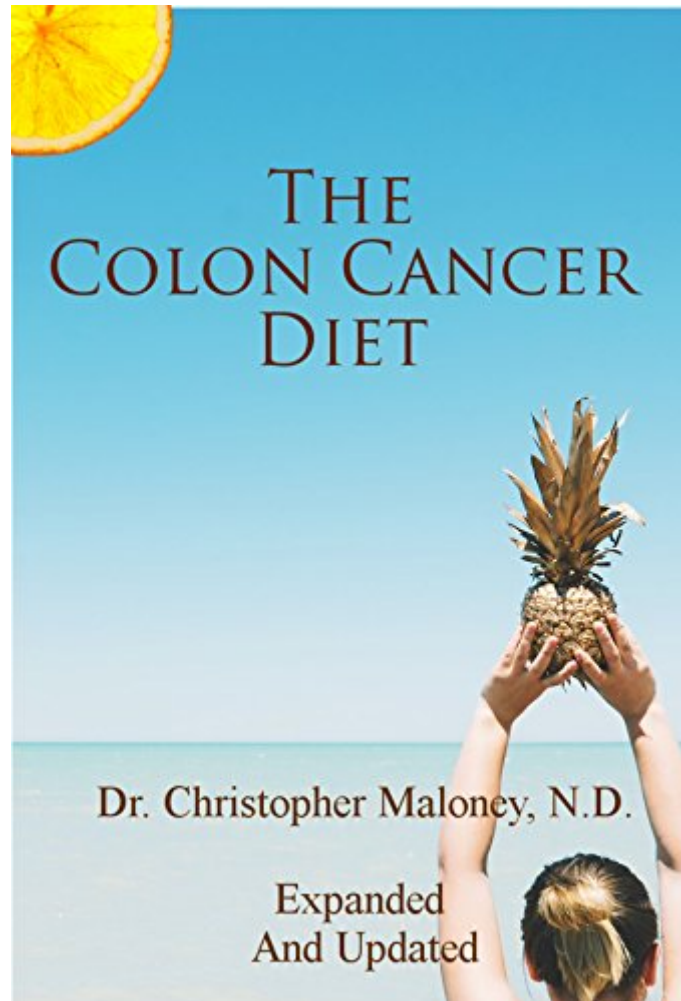




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The Colon Cancer Diet



Synopsis

Do you have colon cancer? Does someone you love? Did you know that eating differently, even after you are diagnosed, can lower your risk of dying? When you finish this book I want you to be able to tell me, in a minute or less, how you should eat, exercise, and supplement to lower your risk of dying as a diagnosed colon cancer patient. Last year when I when I was diagnosed I went looking for this book. With all the diet books, I figured someone had written a book specifically for newly diagnosed colon cancer patients. But there was nothing. I checked with my doctors and with the national organizations. Nothing. So I started researching. I wrote this book to put together what I found. It helps that I was trained as a Naturopathic Doctor and practiced for over a decade before my diagnosis. I can read medecalese and I know a fair amount about both conventional and natural alternatives. But my goal is to make a simple, short, understandable book specifically for people with colon cancer (upper, transverse, lower, and rectal). It's terrible to be where we are. But we have choices, and this book is my way of giving us direction and hope. Please, if you buy this book, review it and share it with your fellow patients. Thank you. May we all get well.

Book Information

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Customer Reviews

This book was very informative and helped me tremendously. I felt better to know that he understood my situation on a personal level. The book was a quick read but a continual reference to go to for more help. So glad I purchased it.

I thought this was more of a recipe book. There are some recipes but it's not easy I was expecting.

Husband loved it

Not very helpful.

If a book related to cancer could possibly be called fun to read, this is the one. It is simply and concisely easy to digest, authentically honest, and forthright. With wit and humor Dr. Maloney encourages us all to easily remember the overall concepts for making basic healthy changes/choices every chronic disease sufferer/avoider should embrace while also light-heartedly revealing the latest research.

Honestly, I haven't read this book yet, I just ordered it today, but I am so excited to read a book that is written by someone who is dealing with colon cancer. My husband was diagnosed with colon cancer two years ago, went through a resection surgery and his diet is not what it used to be. I have learned a lot about his new diet and what he can or cannot tolerate through trial and error. Thank you for taking the time to write this book, I look forward to reading it!

Very informative, very interesting and very well written. Medicaese boiled down to words of one syllable in a most entertaining style. All medical information should be so written.

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